

≈ Children's Equine Schooling Course ≈
(Ages 5-16)

ξ Personal Development, Safety & Basics for Beginners

❖ Physical Fitness

- ⌘ Will have exercises to take home and practice to help build strength and flexibility for horse riding.

❖ Focus

- ⌘ Will learn how to maintain a good focus while riding
- ⌘ Will learn how to remain calm

❖ Safety Awareness

- ⌘ Will learn to walk around an equine at a safe distance
- ⌘ Will learn what to do if a horse spooks (not mounted)
- ⌘ Will learn to observe a horse's attitude

❖ Basic Equine Interactions

- ⌘ Will learn to catch a horse from the field in both a rope and nylon halter
- ⌘ Will learn to tie a horse with a lead rope and in the cross ties

ξ Horse Care & Knowledge

❖ Grooming

- ⌘ Will learn what certain grooming tools are for and can identify different tools
- ⌘ Will learn to brush a horse safely and correctly
- ⌘ Will learn to pick out both front and hind hooves safely and correctly
- ⌘ Will learn to brush a horse's mane and tail safely and correctly
- ⌘ Will learn to clean out a horse's nose and other body parts safely and correctly
- ⌘ Will learn to clean out a horse's ears safely and correctly
- ⌘ Will learn to clean out a horse's eyes safely and correctly
- ⌘ Will learn to clip a horse's nose safely and correctly
- ⌘ Will learn fly spray a horse safely and correctly
- ⌘ Will learn how to bathe a horse safely and correctly

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❖ Tacking up

- ⌘ Will learn to correctly place the saddle pad(s) on the horse
- ⌘ Will learn to correctly place the saddle on the horse
- ⌘ Will learn to correctly select the correct girth
- ⌘ Will learn to correctly and safely girth the horse
- ⌘ Will learn how to correctly put a hackamore on a horse
- ⌘ Will learn how to correctly bridle a horse

❖ Basic Parts of The Horse

- ⌘ Will learn the basic body parts of the horse
- ⌘ Will learn the basic parts of the hoof

❖ Basic Parts of The Saddle

- ⌘ Will learn the difference between Western, Dressage, Jumping and Bareback saddles
- ⌘ Will learn to identify the different parts of the saddles

ξ Ground Safety

❖ Leading

- ⌘ Will learn how to safely lead a horse

❖ Lunging

- ⌘ Will learn how to safely lunge a horse
- ⌘ Will learn how lunging helps a horse
- ⌘ Will learn how to use lunging to watch for lameness

❖ Backing a horse

- ⌘ Will learn how to back a horse calmly and correctly

❖ Calming a horse

- ⌘ Will learn how to calm a horse down safely

~ Isi Seiyr Children's Equine Schooling Course Cont.~

ξ Riding Arts (One)

- ❖ Safety
 - ∞ Will learn to halt easily
 - ∞ Will learn to understand and use an emergency stop effectively

- ❖ Balance Walk, Trot, Canter In Certified Bareback Saddle
 - ∞ Will learn balance in stirrup less saddle at all gaits
 - ∞ Will learn why students start stirrup less

- ❖ Relaxation on Horseback
 - ∞ Will learn to relax in all situations on horse back
 - ∞ Will learn why relaxation is important
 - ∞ Will learn to maintain posture and hand position at all gaits

- ❖ Weight Aid Natural Turns
 - ∞ Will learn how to naturally balance and turn using body weight aids
 - ∞ Will learn what weight aids are
 - ∞ Will learn why natural turns are important
 - ∞ Will learn to understand and execute a change of direction on the rail
 - ∞ Will learn to understand and execute a change of direction
 - ∞ Will learn to ride at all gaits while staying on the rail
 - ∞ Will learn to execute a hourglass pattern at all gaits
 - ∞ Will learn to execute a Diagonal Line at all gaits
 - ∞ Will learn to execute a Circle(20 meter) at all gaits
 - ∞ Will learn to execute a Figure Eight at all gaits
 - ∞ Will learn to execute a Serpentine at all gaits
 - ∞ Will learn to execute a Four Square Pattern at all gaits
 - ∞ Will learn to execute a Flat Figure Eight at all gaits

- ❖ Leg Cues
 - ∞ Will learn to use and understand basic leg cues

- ❖ Basic Rein Use and Application
 - ∞ Will learn how to hold the reins
 - ∞ Will learn how to correctly use and when to use the reins
 - ∞ Will learn how to use the reins in a correct manner
 - ∞ Will learn to ride at the walk and adjust rein length without looking for more than a few seconds

~ Isi Seiyr Children's Equine Schooling Course Cont.~

ξ Riding Arts (Two)

- ❖ Balance Walk, Trot, Canter, In Certified English or Western Saddle
 - ☞ Will learn proper balance in saddle with stirrups at all gaits
 - ☞ Will learn to keep heels down
 - ☞ Will learn to maintain posture and hand position at all gaits
 - ☞ Will learn to stop effectively and precisely when asked from any gate
 - ☞ Will learn the differences between a free, medium, and extended walk
 - ☞ Will learn the differences between a working, medium, and extended trot
 - ☞ Will learn the differences between a working, medium, and extended canter
 - ☞ Will learn to transition from a walk to a canter
 - ☞ Will learn to transition from a trot to a canter
 - ☞ Will learn to transition from a canter to a trot
 - ☞ Will learn to transition from a canter to walk
 - ☞ Will learn to transition from a canter to a stop
 - ☞ Will learn to transition from a halt to a trot
 - ☞ Will learn to transition from a halt to a canter
 - ☞ Will learn to transition between all gates evenly and calmly when asked
 - ☞ Will learn to do all of the above with and without stirrups

- ❖ Relaxation on Horseback
 - ☞ Will learn to relax in saddle with stirrups

- ❖ Weight Aid Natural Turns
 - ☞ Will learn to fine tune weight aids
 - ☞ Will learn how to feel the horses balance through the turns
 - ☞ Will learn to understand and execute a change of direction on the rail
 - ☞ Will learn to understand and execute a change of direction
 - ☞ Will learn to ride at all gaits while staying on the rail
 - ☞ Will learn to execute a hourglass pattern at all gaits
 - ☞ Will learn to execute a Diagonal Line at all gaits
 - ☞ Will learn to execute a Circle(20 meter) at all gaits
 - ☞ Will learn to execute a Figure Eight at all gaits
 - ☞ Will learn to execute a Serpentine at all gaits
 - ☞ Will learn to execute a Four Square Pattern at all gaits
 - ☞ Will learn to execute a Flat Figure Eight at all gaits
 - ☞ Will learn to do all of the above with and without stirrups

- ❖ Leg Cues With Stirrups
 - ☞ Will learn to keep legs in proper position with stirrups while giving cues

~ Isi Seiyr Children's Equine Schooling Course Cont.~

- ❖ Intermediate Rein Use and Application
 - ☞ Will learn to develop feel with the reins
 - ☞ Will learn more advanced use of the reins for more difficult maneuvers

- ❖ Posting
 - ☞ Will learn to ride at the posting trot, correctly, while staying in control of the horse
 - ☞ Will learn to ride at the sitting and posting trot and adjust rein length without looking for more than a few seconds
 - ☞ Will learn to ride at the posting trot while staying on the rail
 - ☞ Will learn to execute a hourglass pattern at the posting trot
 - ☞ Will learn to understand and tell when on the Right Diagonal or the Left Diagonal and can correct self quietly when on the wrong diagonal
 - ☞ Will learn to maintain posture and hand position while at the posting trot
 - ☞ Will learn to execute a Diagonal Line at the posting trot
 - ☞ Will learn to execute a Circle(20 meter) at the posting trot
 - ☞ Will learn to execute a Figure Eight at the posting trot
 - ☞ Will learn to execute a Serpentine at the posting trot
 - ☞ Will learn to execute a Four Square Pattern at the posting trot
 - ☞ Will learn to execute a Flat Figure Eight at the posting trot

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≈ Additional Classes ≈

ξ Junior Showing Discipline Preparedness

(Student must complete a ridden evaluation given by an approved Isi Seiyr Instructor to be eligible for these classes.)

- ❖ Dressage
- ❖ Jumping
- ❖ Eventing
- ❖ Trail
- ❖ Endurance
- ❖ Western Dressage
- ❖ Reigning
- ❖ Barrels & Poll Bending

(Must have own horse to participate in any off property shows out of above list.)