

*≈ Traditional Equine Schooling Course ≈*  
(Ages 16-1001)

ξ Personal Development, Safety & Basics

- ❖ Physical Fitness
  - ∞ Will have exercises to take home and practice to help build strength and flexibility for horse riding.
  
- ❖ Focus
  - ∞ Will learn how to maintain a good focus while riding
  - ∞ Will learn how to remain calm
  
- ❖ Safety Awareness
  - ∞ Will learn to safely walk around an equine at a safe distance
  - ∞ Will learn what to do if a horse spooks (not mounted)
  - ∞ Will learn to observe a horse's attitude
  
- ❖ Basic Equine Interactions
  - ∞ Will learn to catch a horse from the field in both a rope and nylon halter
  - ∞ Will learn to tie a horse with a lead rope and in the cross ties

ξ Horse Care & Knowledge

- ❖ Grooming
  - ∞ Will learn what certain grooming tools are for and can identify different tools
  - ∞ Will learn to brush a horse safely and correctly
  - ∞ Will learn to pick out both front and hind hooves safely and correctly
  - ∞ Will learn to brush a horse's mane and tail safely and correctly
  - ∞ Will learn to clean out a horse's nose and other body parts safely and correctly
  - ∞ Will learn to clean out a horse's ears safely and correctly
  - ∞ Will learn to clean out a horse's eyes safely and correctly
  - ∞ Will learn to clip a horse's nose safely and correctly
  - ∞ Will learn fly spray a horse safely and correctly
  - ∞ Will learn how to bathe a horse safely and correctly

~ Traditional Equine Schooling Course Cont. ~

- ❖ Tacking up
  - ⌘ Will learn to correctly place the saddle pad(s) on the horse
  - ⌘ Will learn to correctly place the saddle on the horse
  - ⌘ Will learn to correctly select the correct girth
  - ⌘ Will learn to correctly and safely girth the horse
  - ⌘ Will learn how to correctly put a hackamore on a horse
  - ⌘ Will learn how to correctly bridle a horse
  
- ❖ Basic Parts of The Horse
  - ⌘ Will learn the basic body parts of the horse
  - ⌘ Will learn the basic parts of the hoof
  
- ❖ Basic Parts of The Saddle
  - ⌘ Will learn the difference between Western, Dressage, Jumping and Bareback saddles
  - ⌘ Will learn to identify the different parts of the saddles

## ξ Ground Safety

- ❖ Leading
  - ⌘ Will learn how to safely lead a horse
  
- ❖ Lunging
  - ⌘ Will learn how to safely lunge a horse
  - ⌘ Will learn how lunging helps a horse
  - ⌘ Will learn how to use lunging to watch for lameness
  
- ❖ Backing a horse
  - ⌘ Will learn how to back a horse calmly and correctly
  
- ❖ Calming a horse
  - ⌘ Will learn how to calm a horse down safely

~ Traditional Equine Schooling Course Cont.~

## ξ Riding Arts (One)

- ❖ Safety
  - ∞ Will learn to halt easily
  - ∞ Will learn to understand and use an emergency stop effectively
  
- ❖ Balance Walk, Trot, Canter In Certified Bareback Saddle
  - ∞ Will learn balance in stirrup-less saddle at all gaits
  - ∞ Will learn why students start stirrup less
  
- ❖ Relaxation on Horseback
  - ∞ Will learn how to relax no matter what the horse does
  - ∞ Will learn why relaxation is important
  - ∞ Will learn to maintain posture and hand position at all gaits
  
- ❖ Weight Aid Natural Turns
  - ∞ Will learn how to naturally balance and turn using body weight
  - ∞ Will learn what weight aids are
  - ∞ Will learn why natural turns are important
  - ∞ Will learn to understand and execute a change of direction on the rail
  - ∞ Will learn to understand and execute a change of direction
  - ∞ Will learn to ride at all gaits while staying on the rail
  - ∞ Will learn to execute a hourglass pattern at all gaits
  - ∞ Will learn to execute a Diagonal Line at all gaits
  - ∞ Will learn to execute a Circle(20 meter) at all gaits
  - ∞ Will learn to execute a Figure Eight at all gaits
  - ∞ Will learn to execute a Serpentine at all gaits
  - ∞ Will learn to execute a Four Square Pattern at all gaits
  - ∞ Will learn to execute a Flat Figure Eight at all gaits
  
- ❖ Leg Cues
  - ∞ Will learn to use and understand basic leg cues
  
- ❖ Basic Rein Use and Application
  - ∞ Will learn how to hold the reins
  - ∞ Will learn how and when to use the reins
  - ∞ Will learn how to use the reins in a correct manner
  - ∞ Will learn to ride at the walk and adjust rein length without looking for more than a few seconds

## ξ Riding Arts (Two)

- ❖ Balance Walk, Trot, Canter, In Certified English or Western Saddle
  - ☞ Will learn proper balance in saddle with stirrups at all gaits
  - ☞ Will learn to keep heels down
  - ☞ Will learn to maintain posture and hand position at all gaits
  - ☞ Will learn to stop effectively and precisely when asked from any gate
  - ☞ Will learn the differences between a free, medium, and extended walk
  - ☞ Will learn the differences between a working, medium, and extended trot
  - ☞ Will learn the differences between a working, medium, and extended canter
  - ☞ Will learn to transition from a walk to a canter
  - ☞ Will learn to transition from a trot to a canter
  - ☞ Will learn to transition from a canter to a trot
  - ☞ Will learn to transition from a canter to walk
  - ☞ Will learn to transition from a canter to a stop
  - ☞ Will learn to transition from a halt to a trot
  - ☞ Will learn to transition from a halt to a canter
  - ☞ Will learn to transition between all gates evenly and calmly when asked
  - ☞ Will learn to do all of the above with and without stirrups
  
- ❖ Relaxation on Horseback
  - ☞ Will learn to relax in saddle with stirrups
  
- ❖ Weight Aid Natural Turns
  - ☞ Will learn to fine tune weight aids
  - ☞ Will learn how to feel the horses balance through the turns
  - ☞ Will learn to understand and execute a change of direction on the rail
  - ☞ Will learn to understand and execute a change of direction
  - ☞ Will learn to ride at all gaits while staying on the rail
  - ☞ Will learn to execute a hourglass pattern at all gaits
  - ☞ Will learn to execute a Diagonal Line at all gaits
  - ☞ Will learn to execute a Circle(20 meter) at all gaits
  - ☞ Will learn to execute a Figure Eight at all gaits
  - ☞ Will learn to execute a Serpentine at all gaits
  - ☞ Will learn to execute a Four Square Pattern at all gaits
  - ☞ Will learn to execute a Flat Figure Eight at all gaits
  - ☞ Will learn to do all of the above with and without stirrups
  
- ❖ Leg Cues With Stirrups
  - ☞ Will learn to keep legs in proper position with stirrups while giving cues

❖ Intermediate Rein Use and Application

- ⌘ Will learn to develop feel with the reins
- ⌘ Will learn more advanced use of the reins for more difficult maneuvers

❖ Posting

- ⌘ Will learn to ride at the posting trot, correctly, while staying in control of the horse
- ⌘ Will learn to ride at the sitting and posting trot and adjust rein length without looking for more than a few seconds
- ⌘ Will learn to ride at the posting trot while staying on the rail
- ⌘ Will learn to execute a hourglass pattern at the posting trot
- ⌘ Will learn to understand and tell when on the Right Diagonal or the Left Diagonal and can correct self quietly when on the wrong diagonal
- ⌘ Will learn to maintain posture and hand position while at the posting trot
- ⌘ Will learn to execute a Diagonal Line at the posting trot
- ⌘ Will learn to execute a Circle(20 meter) at the posting trot
- ⌘ Will learn to execute a Figure Eight at the posting trot
- ⌘ Will learn to execute a Serpentine at the posting trot
- ⌘ Will learn to execute a Four Square Pattern at the posting trot
- ⌘ Will learn to execute a Flat Figure Eight at the posting trot

## ≈ Additional Classes ≈

### ξ Showing Discipline Preparedness

*(Student must complete a ridden evaluation given by an approved Isi Seiyu Instructor to be eligible for these classes.)*

- ❖ Dressage
- ❖ Jumping
- ❖ Eventing
- ❖ Trail
- ❖ Endurance
- ❖ Western Dressage
- ❖ Reining
- ❖ Barrels & Poll Bending

*(Must have own horse to participate in any off property shows out of above list.)*